



Sunday June 2, 2019, 9:30 AM Rain or Shine

Race Day Registration will begin at 8:00 AM

Oswegatchie Elementary School 470 Boston Post Rd. Waterford, CT

5K Run/Walk

USATF Sanctioned (CT16024JHP)

**Adults registered before June 2nd \$20, race day \$25
Students registered before June 2nd \$15, race day \$20**

Awards for overall male & female and top 3 male & female finishers in each age category

T-Shirts for the first 70 registered 5K runners
Sizes first come first serve on race day

All proceeds to benefit the Oswegatchie School Organization and the Cactus Jack Foundation

Questions? Contact Jessica at Jfedor@waterfordschools.org

Race application and course map on the Oswegatchie School Website

*Online registration - <https://www.raceentry.com/races/oswegatchie-5k/2019/register>

Mail entry to Oswegatchie Elementary School C/O OSW 5K, 470 Boston Post Road, Waterford, CT 06385

****Please Make Checks Payable to the Oswegatchie School Organization****

Name _____ Age _____

Phone number _____ Gender M F

Address _____ City/State _____ Zip _____

T-Shirt included for the first 70 registered 5K runners

Adults S M L XL

Youth S M L

Official Use Only

I agree to assume all responsibility for all risk of damage or injury that may occur to me as a participant in this event. As a condition of acceptance of my entry, I hereby for myself, my heirs, executors and administrators, waive and release, the Oswegatchie School Organization, the Town of Waterford, SNERRO, USATF, the sponsors and their representatives, and all associated parties, race organizers and volunteers for any injury suffered me while competing in or traveling to or from the events described in this application. I certify that I have properly trained for and to the best of my knowledge am physically fit for this run/walk.

Signature of participant (Legal guardian if under 18 years of age)

Date

OSWEGATCHIE 5K

3.1068560-MI (5K)

WATERFORD, CT

MEASURED ON 4/6/2016 ALONG THE SHORTEST ROUTE WITHIN THE PAVED ROADS

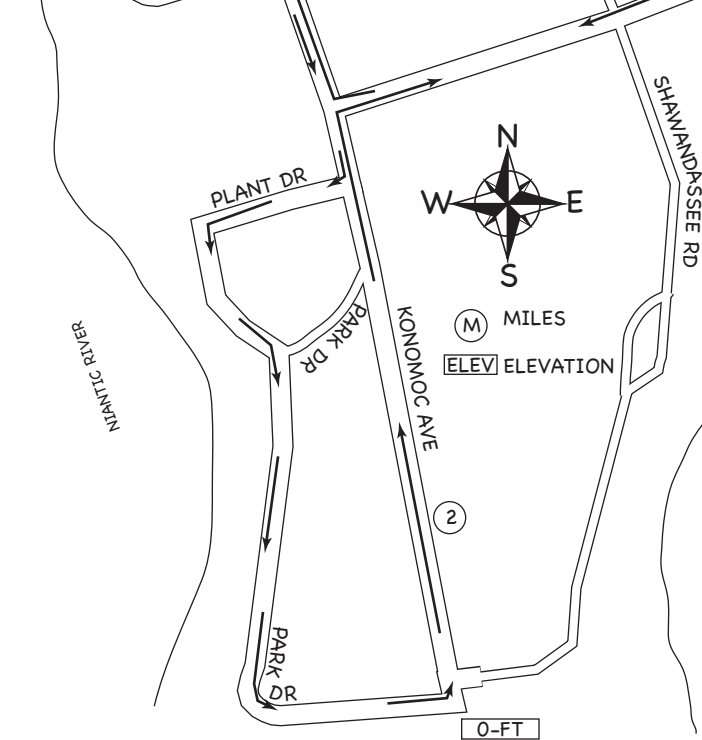
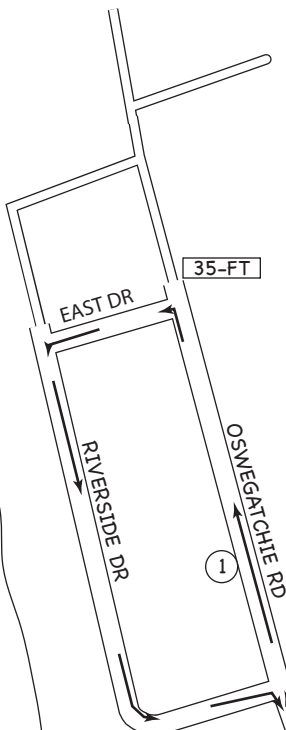
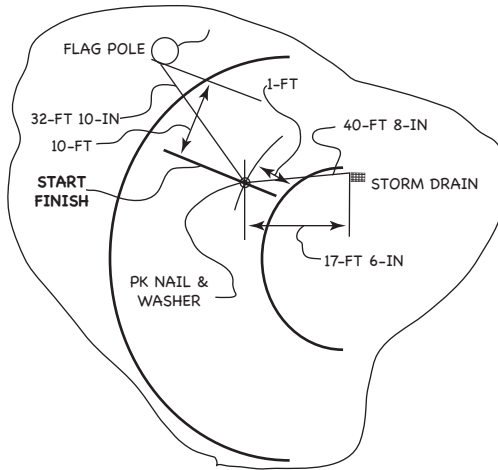
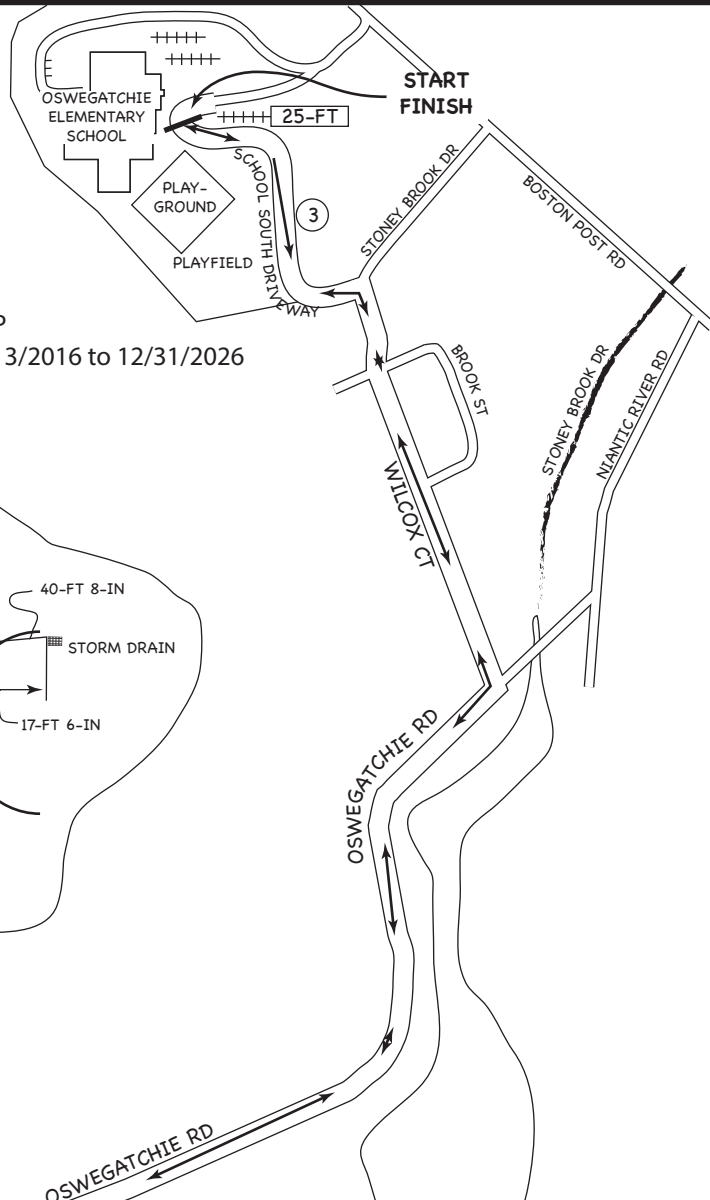
ELEVATIONS: START AND FINISH 25-FT; HIGHEST 35-FT; LOWEST 0-FT
SEPARATION BETWEEN START AND FINISH; 0-FT (COINCIDENT)

MEASURED BY: GUIDO BROTHERS ESCORT SERVICE
pvolkmar@snet.net



CT16024JHP

Effective 4/13/2016 to 12/31/2026



- MILES-
1. ON OSWEGATCHIE RD. AT THE NORTH EDGE OF DRIVEWAY #122. 90-FT PAST (NORTH OF) THE RIVERSIDE DR. INTERSECTION.
 2. ON KONOMOC RD. 60-FT BEFORE POLE 907. 310-FT PAST THE SHAWANDASSE RD. INTERSECTION.
 3. IN THE OSWEGATCHIE SCHOOL SOUTH DRIVEWAY 9-FT PAST THE MANHOLE IN THE MIDDLE OF THE ROAD. 90-F-FT PAST (NORTH OF) THE YELLOW POLE AT THE ENTRANCE TO THE PLAY-FIELD.

-THE ROUTE-

START ON THE OSWEGATCHIE SCHOOL MAIN DRIVEWAY, IN FRONT OF THE MAIN ENTRANCE, HEADING SOUTH. FOLLOW THE SCHOOL SOUTH DRIVEWAY, TURNING RIGHT ONTO STONEY BROOK DR. JOG RIGHT ONTO BROOK ST. AND LEFT ONTO WILCOX CT. TURN RIGHT ONTO OSWEGATCHIE RD. TURN RIGHT ONTO OSWEGATCHIE RD. TURN LEFT ONTO EAST DR. TURN LEFT ONTO RIVERSIDE DR. TURN RIGHT ONTO OSWEGATCHIE RD. CONTINUE ON KONOMOC AVE. TURN RIGHT ONTO PLANT DR. TURN LEFT ONTO KONOMOC AVE. TURN RIGHT ONTO OSWEGATCHIE RD. TURN LEFT ONTO WILCOX CT. JOG RIGHT ONTO BROOKS ST. THEN LEFT ONTO STONEY BROOK DR. TURN LEFT ONTO THE SOUTH DRIVEWAY OF OSWEGATCHIE SCHOOL AND FINISH AT THE SAME LINE AS THE START.